

Preparing for Medical Travel

When you get ready for medical travel, there are a few things you should take with you. The lists below will help you prepare.

Things to take:

- ✓ Government issued photo identification that shows your name, birth date and gender. You can take a passport, a driver's licence, or Government of Nunavut General Identification Card. You can get a Government of Nunavut General Identification Card at your local Motor Vehicles Division.
- ✓ If you do not have photo identification, you will need two pieces of valid non-photo identification.
- ✓ Nunavut Health Care Card
- ✓ Prescription medications - up to a month's supply.
- ✓ Paper work given by your health centre.
- ✓ Travel itinerary
- ✓ Clothes
- ✓ Pampers if travelling with an infant
- ✓ Personal items like your toothbrush, toothpaste, shampoo and soap.
- ✓ Money - enough money to pay for accommodations and meals up front if you are not staying at boarding home. You should also bring money for other things like snacks at the hospital or over-the-counter medications.

Things not to take:

- Alcohol
- Illegal drugs, or prescription drugs that aren't yours
- Pets
- Weapons or tools like carving knives
- Infants or toddlers that have not been approved for travel

