

Supporting Self-Regulation in Nunavut Schools
Understanding Inclusion: Resources and Practical Strategies for SSTs
Agenda

Day 1	
Objectives:	
Participants will:	
<ol style="list-style-type: none"> 1. Examine the Nunavut model of inclusive education through key resources, authoritative documents, and focused discussion 2. Discuss concerns, successes, and strategies that work, to learn from and problem solve with peers 3. Network and expand their circle of support 	
	Topic
8:30-9:30	Welcome & Opening Ceremonies
9:30-11:45	Solution Focused Learning Mini Sessions <ul style="list-style-type: none"> • Individual Education Plans: Developing Goals and Outcomes • Communication Strategies for Deaf and Hard of Hearing Students
1:00-4:00	Solution Focused Learning Mini Sessions <ul style="list-style-type: none"> • Education Support Services: Exploring Requests and Referrals • Assessment • Supporting Mental Health in Schools (your II presentation) Counselling Development Coordinator (Northern Zones?)
4:00-4:30	Reflection & Closing

Day 2	
Objectives:	
Participants will:	
<ol style="list-style-type: none"> 1. Examine practical approaches to recognizing and reframing stress behaviour across five domains 2. Examine practical approaches to reduce stress in the classroom and to develop personalized strategies to promote resilience and restoration 	
	Topic
8:30-9:00	Welcome & Check-in
9:00-11:45	Guest Speaker: Shanker Self-Regulation with Susan Hopkins
1:00-4:00	Guest Speaker: Shanker Self-Regulation with Susan Hopkins
4:00-4:30	Reflection and Closing

Day 3

Objectives:

Participants will:

1. Examine practical approaches to recognizing and reframing stress behaviour across five domains
2. Examine practical approaches to reduce stress in the classroom and to develop personalized strategies to promote resilience and restoration
3. Discuss concerns, successes, and strategies that work, to learn from and problem solve with peers
4. Network and expand their circle of support

	Topic
8:30-9:30	Welcome & Check-in
9:30-11:45	Guest Speaker: Shanker Self-Regulation Methos with Susan Hopkins
1:00-3:30	Open Space
3:30-4:30	Reflection & Closing