

Please take the following steps to help prevent the spread of Hepatitis A:

- Speak to your Health Centre about obtaining the Hepatitis A vaccine.
- Wash your hands after using the washroom and changing diapers, and before preparing or eating food.
- If you think that you have been exposed to the Hepatitis A virus or any other gastrointestinal illness, do not prepare food or pour water for other people.

If you or someone in your household is showing symptoms of Hepatitis A, go to your health centre immediately. This can help those who may have been exposed get the vaccine as soon as possible and prevent further spread of Hepatitis A.

For more information on Hepatitis A, go to:

https://www.gov.nu.ca/sites/default/files/hepatitis_a_fact_sheet_1.pdf

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