

# ᐱᕐᓴᓴᓄᑦ ᐅᐱᕐᓴᐅᑦ

## Wash your hands



1

ᐱᕐᓴᓴᓄᑦ ᑦᓴᐅᑦᓴᓴᓄᑦ  
Wet hands



2

ᐅᐱᕐᓴᐅᑦᓴᓴᓄᑦ  
Apply soap



3

ᑦᓴᐅᐱᕐᓴᓴᓄᑦ 15ᓄᓴ  
20ᓄᑦ ᓴᑦᑕᑕᓄᓄᑦ  
Rub for 15 to 20  
seconds



4

ᑕᓴᓄᑦ ᐅᐱᕐᓴᓴᓄᑦ  
Scrub nails



5

ᐅᑦᓴᑦᓴᓴᓄᑦ  
Rinse



6

ᐱᕐᓴᓴᓄᑦ ᐱᕐᑕᓴᓴᓄᑦ  
Dry hands



7

ᑦᓴᓴᓄᑦ ᑕᓴᓄᑦ ᐱᕐᑕᓴᓴᓄᑦ  
ᑕᓴᓴᓄᑦ ᐱᕐᑕᓴᓴᓄᑦ

Turn off tap and open door  
with paper towel