

Rapid Antigen Self-Test (RAT) for COVID-19

When should I use a Rapid Antigen Test?

NO SYMPTOMS?

→ DO NOT use a self-test if you are not experiencing any symptoms.

SYMPTOMS?

→ It is recommended you isolate immediately.

→ Take the self-test, making sure you follow the test's instructions.

What do I do?

IF MY TEST IS NEGATIVE:

→ Re-test after 24 hours.

→ It is recommended you continue isolation. Anyone who has symptoms, has been advised or ordered to isolate due to exposure, or who lives with someone with active COVID-19 MUST complete their isolation period, regardless of a negative test result.

→ A negative test is not a reason to end isolation early. Self-tests have a high rate of false negatives and you could still be infectious.

IF MY TEST IS POSITIVE:

→ Call the COVID-19 hotline at 1-888-975-8601

→ You need to assume you have COVID-19 and that you are contagious.

→ It is recommended you isolate immediately:

- If you are fully vaccinated (two doses or more) it is recommended you isolate for a period of at least 7 days
- If you are not vaccinated or not fully vaccinated (less than two doses) it is recommended you isolate for at least 10 days
- If household members develop symptoms, they should take a rapid antigen self-test and follow the guidelines above.

ᐱᓄᐱᓐᓂᓐ.
ᐃᑲᓄᓕᓴᓕ ᓄᓂᐃᓄᓕᓴᓕᓴᓕᓴᓕᓴᓕ.

**Your Actions.
Everyone's Health.**

ᐱᓂᓐ.
Pour notre santé à tous.

**Qanuriliurutitit.
Inuit tamarmik aanniaqtailitikhangit.**

