

Fact Sheet

Making a Mild Bleach-Water - Disinfectant Solution

This solution is strong enough to kill germs in the home or school, but not enough to harm/hurt your skin or ruin clothing.

Five Simple Steps:

1. Mix 5 mL (1 teaspoon) of unscented plain household bleach to 750 ml/3 cups of water.
2. Transfer the bleach solution into a clean, well-labeled spray bottle and store in a safe place.
3. Mix a fresh bleach-water solution batch daily, if possible, to ensure maximum effectiveness.
4. Do not add soap to the bleach solution; it will “eat” up the bleach and reduce the disinfecting strength of the solution.
5. For heavily soiled areas, wash first with warm, soapy water, and then apply bleach solution.