



**For more information contact
your local Hamlet or Regional
Wellness Program Coordinator**



**Some previously funded
projects are:**

- On the land programs
- After school sports programs
- Cooking and nutrition education programs
- Diabetes education and exercise programs

**Kitikmeot Regional Wellness Program
Coordinator (Cambridge Bay)
KitikmeotRWPC@gov.nu.ca
(867) 983-4500**

**Baffin Regional Wellness Program
Coordinator (Pangnirtung)
BaffinRWCP@gov.nu.ca
(867) 473-2623**

**Kivalliq Regional Wellness Program
Coordinator (Rankin Inlet)
KivalliqRWPC@gov.nu.ca (867) 645-2171**

**Territorial Aboriginal Diabetes Initiative
Coordinator (Iqaluit)
ADI@gov.nu.ca (867) 975-5700**

**Aboriginal
Diabetes
Initiative**



ADI

Aboriginal Diabetes Initiative





What is the Aboriginal Diabetes Initiative (ADI)?

ADI is a program that gives money to community programs that promote the prevention and management of diabetes. This is done through teaching and learning activities that tell people about diabetes, what to do to keep healthy and not get diabetes, and what to do to keep healthy if you have diabetes.

Who can apply for funding?

Any community group, organization or individual can apply for funding. They can create their own programs or use the funding to pay for programs or projects that already exist in their community.



What projects can be funded?

Projects or activities that help to address community health priorities and work towards the prevention or management of diabetes can be funded under the Aboriginal Diabetes Initiative.

They must fit into one of the following categories:

- 1) Diabetes Prevention and Health Promotion
- 2) Diabetes Management and Care



Did you know?

Type 2 diabetes can be delayed or prevented by eating healthy foods and being physically active. By creating opportunities for healthy choices that support regular physical activity and healthy eating for all ages, we can work together to prevent diabetes.

Some examples of activities and expenses that are not funded through ADI: equipment and furniture over \$1000.00 per project; travel for sports or religious events, and high level sporting activities or individuals participating in such events.