

Medical Travel To-Do List

- ✓ Get information about your appointments from your doctor or nurse, including dates and times.
- ✓ Get any documents you might need from your doctor or nurse (x-rays or other documents).
- ✓ Read and sign your travel agreement and Client Code of Conduct.
- ✓ Print out the following information or ask your doctor or nurse about:
 - Emergency Contacts
 - Boarding Homes
 - Travel Details – your itinerary
- ✓ Make sure any escorts, children or family members you want to take with you have been approved for travel. Talk to your doctor or nurse. If you are approved to take an escort with you, a doctor or nurse will help you choose the best person.
- ✓ Make sure your escort knows about your condition.
- ✓ Take money so you can buy meals, snacks, personal care items or over-the-counter drugs, or pay for any excess baggage charges while you are traveling.
- ✓ Be sure to take a month's supply of any prescription drugs you are using.
- ✓ If you are not staying at a boarding home, give the name, address, and contact information of where you will be staying to your family and the travel clerk at the health centre.
- ✓ If you are not staying at a boarding home, take money to pay up front for your meals and accommodations.

