

Public Service Announcement

World Tuberculosis Day

Start Date: March 24, 2021 End Date: March 24, 2021

Nunavut-wide 60 sec

March 24 is World Tuberculosis (TB) Day. Each year, the Department of Health recognizes World TB Day as part of its continuous efforts to raise awareness about the harmful health, social and economic consequences of TB.

In Nunavut, this year's World TB Day theme, "TB and COVID-19," reminds us that TB remains a public health concern in many parts of the world, including Nunavut.

COVID-19 and TB share many similar symptoms such as fever, cough and fatigue. Both illnesses can also spread through the air from person-to-person when coughing, sneezing, singing or talking.

TB can be treated and cured with antibiotics. Unlike TB, COVID-19 has no cure, but the COVID-19 vaccine is the best protection against the virus, and all Nunavummiut are encouraged to get vaccinated as soon as they are eligible.

If you or someone you know is experiencing symptoms of either TB or COVID-19, please call your local health centre and they will be able to advise on the best course of action.

Following these steps can help stop the spread of TB, COVID-19, and other respiratory illnesses:

- Stay home when you feel sick.
- Cough or sneeze into your sleeve.
- Wash your hands often.
- Avoid touching your face.
- Throw used tissues in the trash right away.
- Keep your distance from others when out in public.
- Don't smoke indoors or around others, especially babies.

For more information on what TB is, the signs and symptoms and how to get tested and treated, please visit www.gov.nu.ca/health/information/tuberculosis or livehealthy.gov.nu.ca.

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