

## **Public Health Advisory**

## Influenza confirmed in Nunavut

Start Date: December 1, 2017 End Date: February 28, 2018

Nunavut 30 sec

The Department of Health is advising Nunavummiut that Influenza virus is confirmed and active in three communities, and expected to spread quickly to all 25.

Influenza symptoms include: fever, chills, cough, nausea, sore muscles and feeling tired. People who have the flu or flu-like symptoms should stay home.

Protect yourself, your family and your community and remember that babies and Elders are most at risk! The flu vaccine is free and available at all community health centres in Nunavut, and at Iqaluit Public Health, building 1091.

Following these steps can help stop the spread of the virus:

- Get immunized.
- Cough or sneeze into your sleeve.
- Wash your hands often.
- Stay home when you feel sick.
- Don't smoke indoors or near babies.

For more information please visit <u>www.flunu.ca</u> or download the <u>Flu Facts factsheet</u> available on The Department of Health's website.

###

## **Media Contact:**

Ron Wassink Communications Specialist Department of Health 867-975-5710 rwassink@gov.nu.ca

Λペ<sup>c</sup>ーላベ つ∖し<sup>b</sup>∖<sup>∞</sup>ປ<sup>s</sup>h∩CÞ≺<sup>c</sup> ヘϧΡϞ<sup>e</sup>Δ<sup>s</sup>b<sup>c</sup>C<sup>s</sup>D<sup>c</sup> ΔΔ<sup>b</sup>∩D˙<sup>c</sup> ΔΔ<sup>b</sup>∩D˙<sup>c</sup>, δb<sup>c</sup>D<sup>c</sup> ΔΔΔ<sup>e</sup>Δ<sup>s</sup>b<sup>c</sup> ÞΔÅ∩D˙<sup>c</sup> Þペσ, www.gov.nu.ca News releases are available in Inuktitut, English, Inuinnaqtun and French on www.gov.nu.ca.
Tuhaqtaghat ittut Inuktitut, Qablunaatitut, Inuinnaqtun Uiviititullu talvani www.gov.nu.ca.
Les communiqués de presse sont disponibles en inuktitut, en anglais, en inuinnaqtun et en français à : www.gov.nu.ca.